

Nyúlcsipő 1. XVIII. ker. (Lakatos út)	HÉTFŐ		
	BARACK terem	EPER terem	AUTÓ terem
8.00-8.40			
9.00-9.40			
10.00-10.40			
11.00-11.40			
12.00-12.40			
13.00-13.40			
14.00-14.40			
15.00-15.40			
16.00-16.40			
17.00-17.40	<b>Mind Tightening Training BASIC</b> <i>(Komplex, DSZIT, TSMT)</i>	<b>Mind Tightening Training ADVANCED</b> <i>(Alapozó, DSZIT, TSMT)</i>	
18.00-18.40			

Nyúlcipő 1. XVIII. ker. (Lakatos út)	KEDD		
	BARACK terem	EPER terem	AUTÓ terem
8.00-8.40	Mind Tightening Training <b>BASIC</b> <i>(Komplex, DSZIT, TSMT)</i>	Mind Tightening Training <b>ADVANCED</b> <i>(Alapozó, DSZIT, TSMT)</i>	
9.00-9.40			
10.00-10.40	Mind Tightening Training <b>PREBASIC</b> <i>(Komplex, DSZIT, TSMT)</i>		
11.00-11.40			<b>BABY</b> Mind Tightening Training <b>ADVANCED</b>
12.00-12.40			<b>BABY</b> Mind Tightening Training <b>BASIC</b>
13.00-13.40			
14.00-14.40			
15.00-15.40			
16.00-16.40	Mind Tightening Training <b>PREBASIC</b> <i>(Komplex, DSZIT, TSMT)</i>		
17.00-17.40	Mind Tightening Training <b>BASIC</b> <i>(Komplex, DSZIT, TSMT)</i>	Mind Tightening Training <b>ADVANCED</b> <i>(Alapozó, DSZIT, TSMT)</i>	
18.00-18.40			

Nyúlcipő 1. XVIII. ker. (Lakatos út)	SZERDA		
	BARACK terem	EPER terem	AUTÓ terem
8.00-8.40			
9.00-9.40			
10.00-10.40			
11.00-11.40			
12.00-12.40			
13.00-13.40			
14.00-14.40			
15.00-15.40			
16.00-16.40			
17.00-17.40	<b>Mind Tightening Training BASIC</b> <i>(Komplex, DSZIT, TSMT)</i>	<b>Mind Tightening Training ADVANCED</b> <i>(Alapozó, DSZIT, TSMT)</i>	
18.00-18.40			

Nyúlcipő 1. XVIII. ker. (Lakatos út)	CSÜTÖRTÖK		
	BARACK terem	EPER terem	AUTÓ terem
8.00-8.40	Mind Tightening Training <b>BASIC</b> <i>(Komplex, DSZIT, TSMT)</i>	Mind Tightening Training <b>ADVANCED</b> <i>(Alapozó, DSZIT, TSMT)</i>	
9.00-9.40			
10.00-10.40	Mind Tightening Training <b>PREBASIC</b> <i>(Komplex, DSZIT, TSMT)</i>		
11.00-11.40			BABY Mind Tightening Training <b>ADVANCED</b>
12.00-12.40			BABY Mind Tightening Training <b>BASIC</b>
13.00-13.40			
14.00-14.40			
15.00-15.40			
16.00-16.40	Mind Tightening Training <b>PREBASIC</b> <i>(Komplex, DSZIT, TSMT)</i>		
17.00-17.40	Mind Tightening Training <b>BASIC</b> <i>(Komplex, DSZIT, TSMT)</i>	Mind Tightening Training <b>ADVANCED</b> <i>(Alapozó, DSZIT, TSMT)</i>	
18.00-18.40			

Nyúlcsipő 1. XVIII. ker. (Lakatos út)	PÉNTEK		
	BARACK terem	EPER terem	AUTÓ terem
8.00-8.40			
9.00-9.40			
10.00-10.40			
11.00-11.40			
12.00-12.40			
13.00-13.40			
14.00-14.40			
15.00-15.40			
16.00-16.40			
17.00-17.40			
18.00-18.40			